

## SUNDAY

**Bridgeport** 6:45 p.m. Sunday Night "Reaching Out Meeting" (C,A,D,NS) Salem Lutheran Church, 3160 Park Ave, rear entrance, basement.

**Hartford** 7:30 p.m. "Step-Up Meeting" (C,12,NS) Institute of Living, 200 Retreat Ave, Todd Building.

**New London** 7:00 p.m. "Safe Harbor"(O,V,NS) St. James Episcopal Church, 76 Federal St., Enter Via the "Seabury Center" entrance off the parking lot behind the Church.

## MONDAY

**Hartford** 7:00 p.m. "Beginners" Group (C,T/D,NS) Institute of Living, 200 Retreat Ave, Todd Building.

**New Haven** 7:30 p.m. "Honest, Open & Willing (H-O-W)" (C,D,NS) Saint Paul's Episcopal Church, Corner Chapel & Olive Streets, 2nd floor, ring bell if locked.

**Willimantic** 7:15 p.m. "Eastern CT Group" (C,NS,D,S) First Congregational Church, 199 Valley St, Basement Meeting Area.

## TUESDAY

**Bridgeport** 7:15 p.m. "Tuesday Bridgeport Step Meeting" (C,12,NS) Salem Lutheran Church, 3160 Park Ave, rear entrance, basement.

**Hartford** 7:00 p.m. "Recovery Works" Group (C,T/D,R,NS) Institute of Living, 200 Retreat Ave, Todd Building.

## WEDNESDAY

**Hartford** 7:30 p.m. "Wednesday Beginners Meeting" (C,T/D,B,NS) Institute of Living, 200 Retreat Ave, Todd Building. Second Wednesday of month:Speaker.

**Mystic** 7:00 p.m. "Wednesday Night Enders Island" (O,V,NS) Enders Island. 99 Yuaht Club Road, Main house at end of long driveway, Park behind main house (road on right) service area, Enter front door, meeting in backroom behind piano.

## THURSDAY

**New Haven** 7:30 p.m. "United in Sobriety" (C,12,NS) United Methodist Church, Harrison St, Westville, second floor.

**Norwich** 7:30 p.m. "Progress Not Perfection"Group (C,V,NS) Central Baptist Church, 2 Union St, Noyes Building, up the ramp on the right, meeting room on the left.

## FRIDAY

**Hartford** 7:00 p.m. "Text Study Group" (C,R/D,12,NS) Institute of Living, 200 Retreat Ave, Todd Building, Tradition study last Friday of the month.

**New Haven** 7:30 p.m. "Honest, Open & Willing (H-O-W)" (C,D,NS) Saint Paul's Episcopal Church, Corner Chapel & Olive Streets, 2nd floor, ring bell if locked.

**New London** 7:00 p.m. "Whaling City Group"(O,VF,NS) St. James Episcopal Church, 76 Federal St., Enter Via the "Seabury Center" entrance off the parking lot behind the Church.

**CONNECTICUT WEB SITE**  
[www.slaact.com](http://www.slaact.com)

## SATURDAY

**Hartford** 11:30 a.m. "Looking Inward" (C,R/D,NS) Institute of Living, 200 Retreat Ave, Todd Building. Last Saturday of month:Speaker.

**Westport** 9:15 a.m. "Beginners Meeting" (C,V,NS) Green's Farms Congregational Church, 71 Hillandale Rd. First Saturday of the month will also have a women's meeting.

Meetings last 90 minutes unless otherwise specified.

Code for type of meeting:

|    |                                                                                                                           |
|----|---------------------------------------------------------------------------------------------------------------------------|
| A  | Anorexia (sexual, social, emotional)                                                                                      |
| B  | Beginners' Meeting                                                                                                        |
| C  | Closed: These meetings are open only to those who admit that they are sex and love addicts or suspect that they might be. |
| D  | Discussion                                                                                                                |
| NF | No Fragrances                                                                                                             |
| NS | No Smoking                                                                                                                |
| O  | Open (Public welcome)                                                                                                     |
| R  | Reading                                                                                                                   |
| S  | Speaker                                                                                                                   |
| T  | Topic                                                                                                                     |
| W  | Women Only                                                                                                                |
| 12 | 12 Step and/or 12 Tradition                                                                                               |
| V  | Varied Format                                                                                                             |

## CO-SLAA

Co-SLAA is a closed 12-step support program for the recovery of family, friends, and significant others whose lives have been affected by the relationship with someone addicted to sex and love. For screening information and locations,

Call 1-860-456-0032

Web site: [www.coslaa.org](http://www.coslaa.org)

## **S.L.A.A. Preamble**

Sex and love Addicts Anonymous is a Twelve Step, Twelve Tradition-oriented fellowship based on the model pioneered by Alcoholics Anonymous.

The only qualification for S.L.A.A. membership is a desire to stop living out a pattern of sex and love addiction. S.L.A.A. is supported entirely through contributions of its members, and is free to all who need it.

To counter the destructive consequences of sex and love addiction we draw on five major resources:

1. **Sobriety**, Our willingness to stop acting out in our own personal bottom-line addiction behavior on a daily basis.
2. **Sponsorship / Meetings**, Our capacity to reach out for the supportive fellowship within S.L.A.A.
3. **Steps**, Our practice of the Twelve Step program of recovery to achieve sexual and emotional sobriety.
4. **Service**, Our giving back to the SLAA community what we continue to freely receive.
5. **Spirituality**, Our developing a relationship with a Power greater than ourselves which can guide and sustain us in recovery.

As a fellowship S.L.A.A. has no opinion on outside issues and seeks no controversy. S.L.A.A. is not affiliated with any other organizations, movements, or causes, either religious or secular.

We are, however, united in a common focus: dealing with our addictive sexual and emotional behavior. We find a common denominator in our obsessive/compulsive patterns which renders any personal differences of sexual or gender orientation irrelevant.

We need protect with special care the anonymity of every S.L.A.A. member. Additionally, we try to avoid drawing undue attention to S.L.A.A. as a whole from the public media.

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## **OTHER AREA INTERGROUPS**

### **Please contact these intergroups for Information on meetings in their area:**

Greater New York Area SLAA Intergroup  
P.O. Box 8086  
New York, NY 10116-4650  
(212) 946-5298  
<http://www.slaany.org/>

Capital Region New York Intergroup  
P.O. Box 139  
Clifton Park, NY 12065-0139  
Call: (518) 292-0123

SLAA/New England Intergroup  
P.O. Box 1375  
Brookline, MA 02446-0011  
(617) 625-7961  
<http://slaanei.org/>

New Hampshire Inter-Group  
P.O. Box 2071  
Derry, NH 03038-8271  
(603) 731-9265  
[slaanhi@yahoo.org](mailto:slaanhi@yahoo.org)

Southern Maine Intergroup of SLAA  
PO Box 4426  
Portland, ME 04101-0626  
(207) 774-4357

Western New England Intergroup  
PO Box 791  
Northampton, MA 01061-0791  
(888)395-0270  
<http://www.wneislaa.org>

**PLEASE NOTE: THIS LIST MUST NOT BE USED AS A MAILING LIST, OR FOR ANY PURPOSE OUTSIDE SLAA. IT MAY HOWEVER, BE DISTRIBUTED BY FWS AND THE CONNECTICUT INTERGROUP UNDER THE GUIDELINES ESTABLISHED AT THE 1999 ABC/M**  
**Email -[slaoffice@slaafws.org](mailto:slaoffice@slaafws.org)**  
**SLAA Web Site [www.slaafws.org](http://www.slaafws.org)**  
**Connecticut Web Site [www.slaact.com](http://www.slaact.com)**

## **CONNECTICUT** **S.L.A.A.** **MEETING LIST** **March 2012**

Published by SLAA-CT Intergroup

Connecticut SLAA Intergroup meets on the third Wednesday of every odd month at 7:30 p.m., at the First United Methodist Church, 941 Old Rock Hill Rd, Wallingford, CT

If you have information about new meetings please send details to the mailing address listed below

A listing herein does not automatically become part of the SLAA Fellowship-Wide Services (FWS) directory. Groups must register separately with FWS.

**SLAA Connecticut Intergroup**

**P.O. Box 717**

**Manchester, CT 06045-0717**

**Toll free (860) 656-6208**

**Fellowship-Wide Services**

**1550 NE Loop 410, STE 118**

**San Antonio, TX 78209**

**Phone: (210) 828-7900**

**Fax: (210) 828-7922**