



## 2011 Augustine Alchemy Conference SCHEDULE



TIME	SUBJECT	Meeting Guide	Chair(s)	ROOM
8 00 – 9 00	Registration, Hospitality & Fellowship			HOSP
9 00 10 00	WELCOME, Conference Guidelines SLAA & CO-SLAA Speakers			<b>RM. 119</b>
10 15  11 15	New Comers, Welcome			A
	Struggling with Cybersex			B
	Developing Bottom-Lines			C
	Relapse Prevention Plan			D
	Getting Current - SLAA			E
	Prayer / Meditation / Quiet Room			F
	CO-SLAA / <b>Closed Meeting</b>	Members Only		G
				H
11 30  12 45	Using the TOOLS of Recovery			A
	Safe & Unsafe Fantasy			B
	Listening & Speaking to Your H.P.			C
	Anorexia: Sexual, Social, Emotional			D
	Getting Current - SLAA			E
	Prayer / Meditation / Quiet Room			F
	CO-SLAA			G
	Getting Current - Co SLAA			H
12 45 2 00	LUNCH On the town or Brown Bag		SEE RESTAURANT LISTING	HOSP
2 00  2 45	Loving & Being Gentle to Yourself			A
	Romantic Obsession	Utilizing the	New SLAA Pamphlet	B
	Forgiveness			C
	Couples in Recovery			D
	Getting Current - SLAA			E
	Prayer / Meditation / Quiet Room			F
	CO-SLAA			G
	Getting Current - CO-SLAA			H



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3 00  3 45	Healthy Dating – Am I Ready???			A
	Gratitude			B
	Step 12 / How Can I Be of SERVICE?			C
	Healthy Stress Reduction Methods...			D
	Getting Current - SLAA			E
	Prayer / Meditation / Quiet Room			F
	CO-SLAA			G
	Getting Current - CO-SLAA			H
4 00 5 00	Final gathering, Speaker, Raffle Drawings Serenity Prayer and Amazing Grace Clean Up & Farewell...			<b>RM. 119</b>

### **GUIDELINES & RECOMMENDATIONS FOR TODAY**

- ❖ **Respect**
- ❖ **Trust**
- ❖ **WHAT YOU SAY HERE, WHAT YOU HEAR HERE,  
WHO YOU SEE HERE, STAYS HERE...**
- ❖ **If you need assistance during the day, please see an  
Intergroup member ( “I” on their name tags).**
- ❖ **Need a SPONSOR today? (Look for the members  
wearing an “S” on their name tags)**
- ❖ **Please be considerate and silence your cell phones.**
- ❖ **RESTROOMS: Ladies - basement floor  
Men – top floor  
Unisex – across from elevator**

#### **A NOTE TO THE PRESS:**

**If you are not here for your personal recovery, we ask you to  
LEAVE**

*Remember, You are not alone...*